

La Illaha Illallah Muhammadur Rasullullah.

'There is no God but Allah and Muhammad, Peace Be Upon Him, is his Messenger'

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Please always refer to official documentation given on your pilgrimage as there are many key parts that must be done precisely, especially upholding religious laws and prayer techniques. The website www.hajinformation.com has a number of important rulings to follow. This Electronic Document is not a replacement for detailed religious texts and procedures, it is only an assisted guide.

The Rites of The Hajj Pilgrimage: Summary of the steps

1. Start at the Mikat Region - The spiritual cleansing, donning of Ihram garments within the town boundaries.

2. Entering Makkah, The Tawaf and The Great Mosque: Al-Haram Al-Sharif in Mecca.

Do not walk in front of anyone praying. Make the Tawaf, going around the Great Mosque and the Hijr Isma'il, the curved wall. Note there is the Al-Hajar Al-Aswad: The black stone from Heaven. It is on the South-east corner of the Ka'bah, at 4ft height.

3. Sa'i Area - The running between Safa and Marwah

Where the second wife of Prophet Abraham ran between to seek water for her baby.

4. Noon of the 8th of Dhul-Hijjah, Visiting Mina : Map of Mina

Five prayers from Zuhr to Fajr the next day.

5. Arafat - spent on the 9th of Dhul-Hijjah from midday to sunset praying.

Adam and Eve, were separated for centuries following their expulsion from the Garden of Eden, and it was finally here that they found each other and were reunited, giving birth to Mankind. Zuhr and Asr are prayed together. After sunset, pilgrims leave for Muzdalifah.

6. Muzdalifah where pilgrims camp overnight on the 10th day from Arafat back to Mina.

Maghrib and Isha are combined. Prayer of Fajr is compulsory. Pebbles of Earth are collected here for the stoning back at Mina.

7. Sunrise on 10th day - Proceed back to Mina for the Jamarat - stoning of Shaitan; Al-Aqaba, Al-Wusta and Al-Ula, the three stone pillars.

Slaughter of Sacrifice (Qurbani for food) and removal of Ihram garments. Eid-ul-Adha, is on this day.

8. 10th day or after, Back at Mina

Make Tawaf, and Sa'i between Safa and Marwah.

9. Return to Mina, for 10th, 11th, 12th and 13th of Dhul-Hijjah.

Prayers and stoning of the three stone pillars each day, starting and finishing with the smallest.

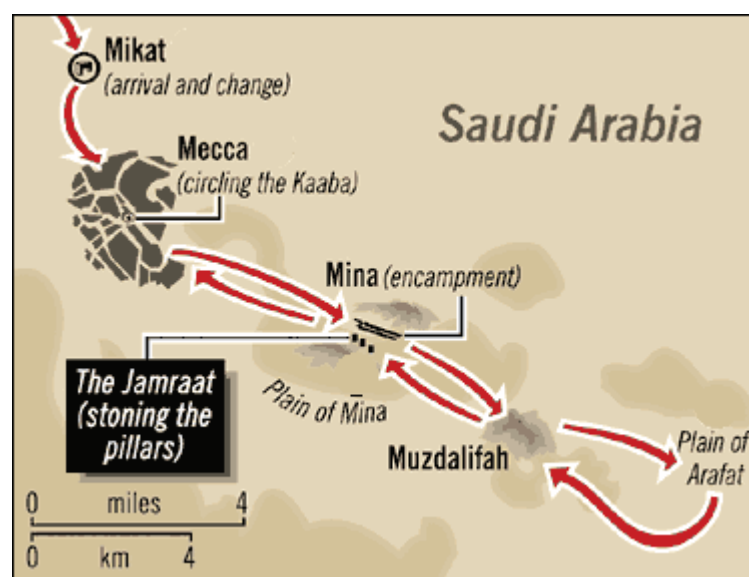
10. The Farewell Tawaf. Perform two Rak'ah of Tawaf.

This is the last thing you should do before leaving Makkah.

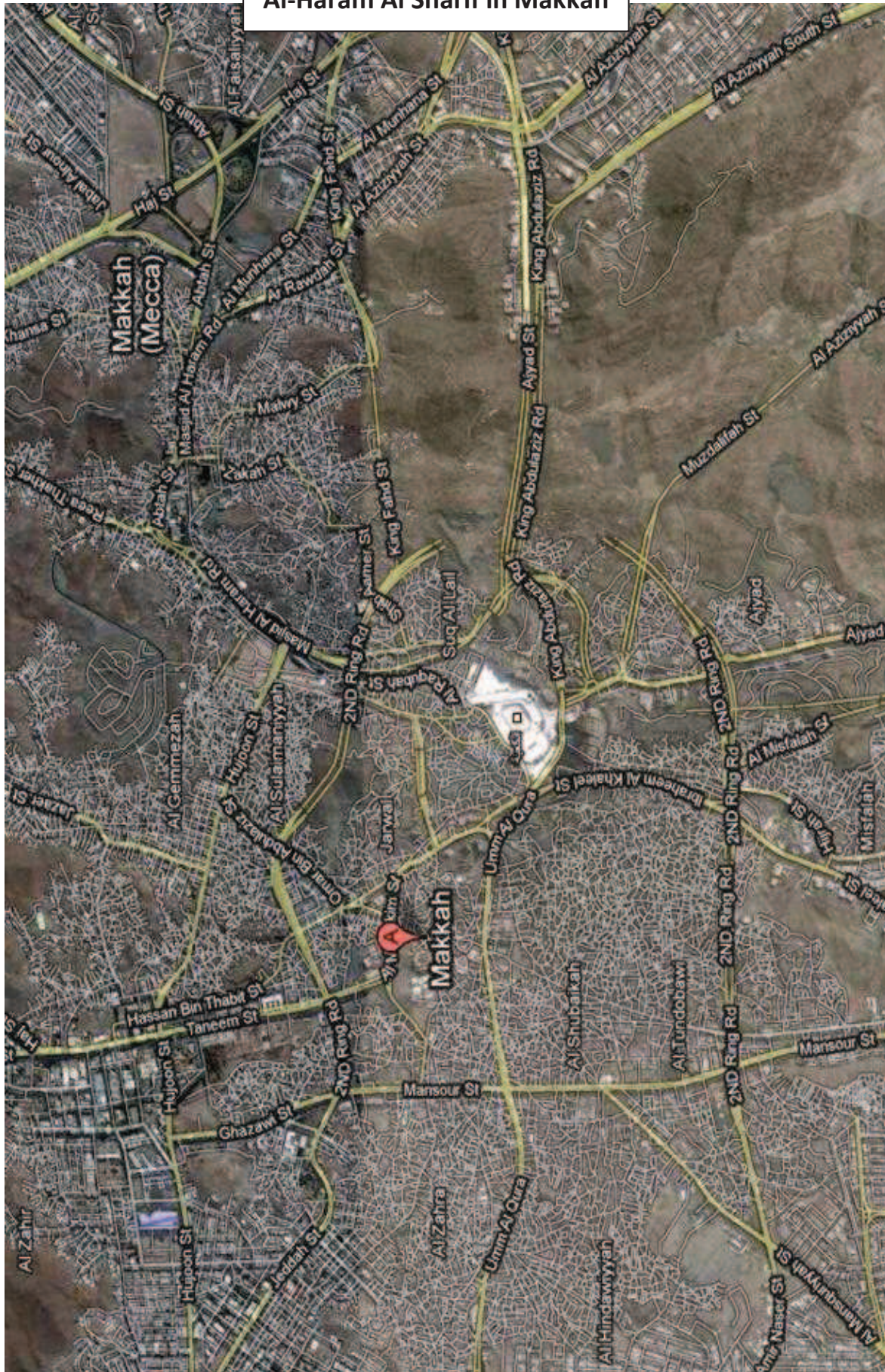
11. Not part of Hajj but of honour for the Prophet (Peace Be Upon Him); Visit Al-Masjid An-Nabawi

The prophet's Mosque in Medina, the North side of Makkah.

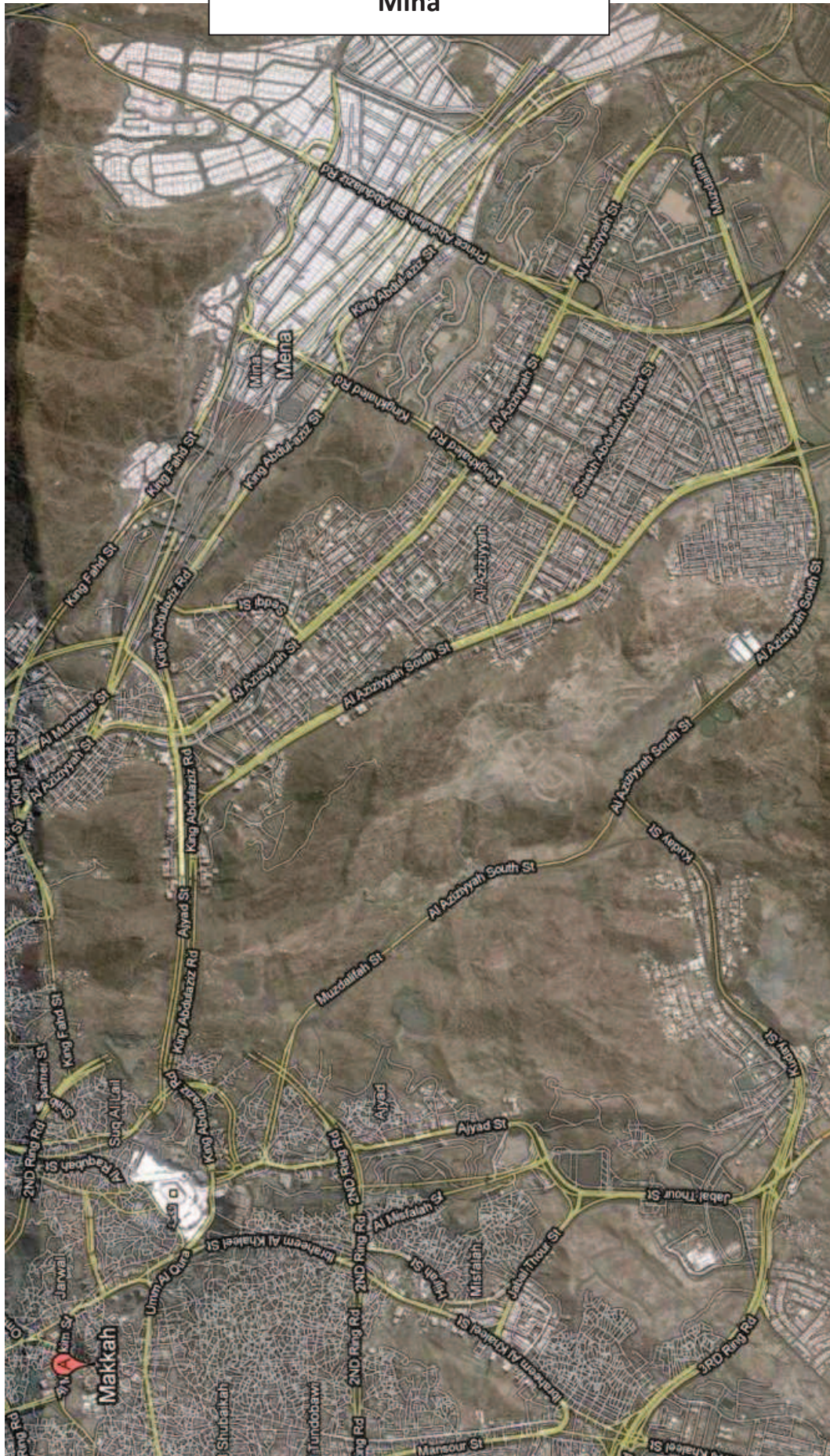
Maps (suited for printing)



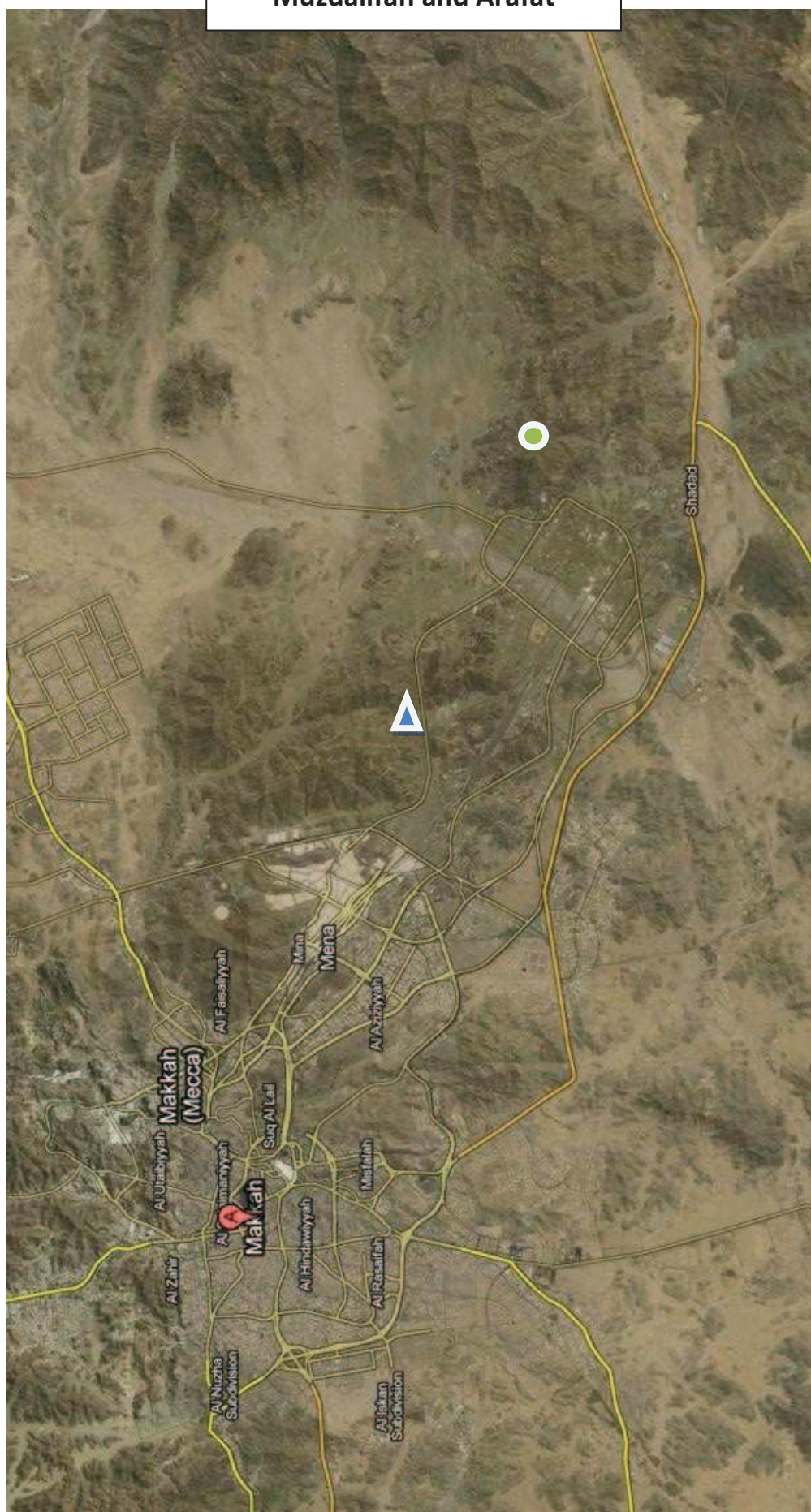
Al-Haram Al Sharif in Makkah



Mina



Muzdalifah and Arafat



The HAJJ TAMATTU Rites

Day 1: 8th Dhul Hijjah - At Taweya

- 1. Ghusl, full ablution in cleansing**
- 2. Men - apply perfume**
- 3. Mikat region reached, this is an area signified by several towns.**
- 4. Ihram is to be worn.**
- 5. Make Niyaat for HAJJ**
- 6. Recite Talbiyah**
- 7. Proceed to Mina**
- 8. Perform Zuhr, Asr, Maghrib and Eshaa Prayers at Mina**
- 9. Shorten Zuhr, Asr, Eshaa to 2 Rakaats each at Mina, performing Witr and the Sunnah for Fajr**

Day 2: 9th Dhul Hijjah - Wuqoof-Bil-Arafat

- 1. Perform Salat-ul-Fajr in Mina**
- 2. proceed to Arafat**
- 3. Listen to the Khutbah if possible**
- 4. Joint and shorten to 2 Rakaats each, Zuhr and Asr at Zuhr time**
- 5. Wuqoof has now started, make supplication of prayers**
- 6. After sunset, leave Arafat**
- 7. If you reach Muzdalifah before 12pm NOON, Perform Maghrib and Eshaa at 2 Rakaats each, joined upon arrival at Muzdalifah. Else, if not, perform Maghrib and Eshaa where you are.**
- 8. One Adhaan and two Iqaam'at**
- 9. Collect 7 pebbles in Muzdalifah if you wish to.**
- 10. Sleep**
- 11. Perform Salaatul-Fajr in Muzdalifah**
- 12. Make supplication of prayers**

Day 3: 10th of Dhul-Hijjah - Yaumun-Nahr

- 1. Depart for Mina shortly before sunrise**
- 2. Collect pebbles in Mina if you did not get any from Muzdalifah**
- 3. Stone the big Jamrah (Aqaba)**
- 4. Perform sacrifices (Hady)**
- 5. Men - Shave hair**
- 6. Women - cut hair by approximately 1 inch**
- 7. Tawaaful-Ifadah: perform the Tawaaf**
 - a. Recite Talbiyah**
 - b. Read Dua**
 - c. Men - expose right shoulder**
 - d. Start the Hajrul-Aswad and say "Bismilahi Allahu Akbar"**
 - e. Kiss/Touch/Gesture towards the Black Stone from heaven.**
 - f. Men - Raml (slow run) in the first 3 rounds**
 - g. Touch the Rukn-Yamani corner if possible**
 - h. Read "Rabana Aatina.."**
 - i. Kiss/touch or gesture and say "Allahu Akbar" as you pass the Black Stone**
 - j. Complete 7 rounds (circuits)**
 - k. Men - Cover the right shoulder**
 - l. Perform 2 Rakaats near Maqaam Ibrahim**
 - m. Read Surah Al-Kafirun (109) in 1st Rakaat after Suratul-Fatiha**
 - n. Read Surah Al-Ikhlaas (112) in 2nd Rakaat after Suratul-Fatiha**
- 8. Proceed to Safa**
 - a. Read "Inaa Safa..."**
 - b. Read "Allahu Akbar" three times with Du'a in between**
 - c. Start Sa'i from Safa - the run between Safa and Marwah**
 - d. Men - Raml (slow run) between the green lights**
 - e. Stop at Marwah and do the same as what you did at Safa**
 - f. Complete the seven laps (Safa to Marwah is equal to one lap)**
- 9. Return to Mina**
- 10. Shorten Zuhur, Asr and Esha prayers but do not join, while in Mina. Witr and Fajr is Sunnah.**

Day 4: 11th of Dhul-Hijjah - Day one of Tashreek

- 1. Collect pebbles, at least 7 x 3 (21) for the 3 pillars.**
- 2. After Zawaal (midday)**
 - a. Stone the small Jamrah pillar**
 - b. Make Dua facing Qiblah**
 - c. Stone the Middle Jamrah pillar**
 - d. Make Dua facing Qiblah**
 - e. Stone the Big Jamrah pillar**

Day 5: 12th of Dhul-Hijjah - Day two of Tashreek

- 1. Collect pebbles, at least 7 x 3 (21) for the 3 pillars.**
- 2. After Zawaal (midday)**
 - a. Stone the small Jamrah pillar**
 - b. Make Dua facing Qiblah**
 - c. Stone the Middle Jamrah pillar**
 - d. Make Dua facing Qiblah**
 - e. Stone the Big Jamrah pillar**
- 3. If leaving for Makkah, leave before sunset, else stay until 13th.**

Day 6: 13th of Dhul-Hijjah - Day three of Tashreek

- 1. Collect pebbles, at least 7 x 3 (21) for the 3 pillars.**
- 2. After Zawaal (midday)**
 - a. Stone the small Jamrah pillar**
 - b. Make Dua facing Qiblah**
 - c. Stone the Middle Jamrah pillar**
 - d. Make Dua facing Qiblah**
 - e. Stone the Big Jamrah pillar**
- 3. Return to Makkah**
- 4. If not done earlier, do Tawaaful-Ifadah and Sa'i for Hajj**

Getting ready for home

- 1. Last Rite - Tawaaful-Wadaa with no Sa'i.**
- 2. Leave for home.**

Alternative prayers if you are doing Umrah instead of Hajj.

The UMRAH Rites

- 1. Trim nails if required**
- 2. Shave under arms if required**
- 3. Shave pubic hair if required**
- 4. Ghusl, full ablution in cleansing**
- 5. Men - apply perfume**
- 6. Mikat region reached, this is an area signified by several towns.**
- 7. Ihram is worn.**
- 8. Make Niyaat for Umrah**
- 9. Recite Talbiyah**
- 10. Read Dua when entering Haram**
- 11. Men - expose right shoulder**
- 12. Start the Hajrul-Aswad and say "Bismilahi Allahu Akbar"**
- 13. Kiss/Touch/Gesture towards the Black Stone from heaven.**
- 14. Men - Raml (slow run) in the first 3 rounds**
- 15. Touch the Rukn-Yamani corner if possible**
- 16. Read "Rabana Aatina.."**
- 17. Kiss/touch or gesture and say "Allahu Akbar" as you pass the Black Stone**
- 18. Complete 7 rounds (circuits)**
- 19. Men - Cover the right shoulder**
- 20. Perform 2 Rakaats near Maqaam Ibrahim**
- 21. Read Surah Al-Kafirun (109) in 1st Rakaat after Suratul-Fatiha**
- 22. Read Surah Al-Ikhlaas (112) in 2nd Rakaat after Suratul-Fatiha**
- 23. Proceed to Safar**
- 24. Read "Inaa Safar.."**
- 25. Read "Allahu Akbar" three times with Du'a in between**
- 26. Start Sa'i from Safa - the run between Safa and Marwah**
- 27. Men - Raml (slow run) between the green lights**
- 28. Stop at Marwah and do the same as what you did at Safa**
- 29. Complete the seven laps (Safa to Marwah is equal to one lap)**
- 30. Cut the hair**
- 31. Remove the Ihram, put on normal clothing**
- 32. Ihram restrictions are now lifted**

Checklists for Mina and Arafat

Checklist of items for Mina and Arafat

1. Pocket sized Qur'an
2. Hajj guidance books
3. Small spray bottle of water
4. Dates/Biscuits/Peanuts/Sweets
5. Small bag for collecting stones
6. Tissue/toilet paper
7. Pain and Fever tablets
8. Salt/diabetes/blood pressure tablets as medically needed
9. Sore throat sweets
10. Diarrhoea and constipation tablets
11. Toothbrush and Toothpaste (non-flavoured only)/Miswak
12. Straw Hajji mat (for Muzdalifah as well)
13. Prayer Mat
14. Umbrella
15. Tent as needed (check with tour operator/agent)

At Mina only, also you can consider

1. Pen and notepad
2. Hat or headscarf
3. Spare Ihram
4. Dust Masks if needed
5. String for tying things, hanging clothes
6. Travel pillow
7. Shoe bag at prayer time
8. Plain dark towel
9. Cough syrup
10. Skin irritation cream / sunburn cream
11. plasters
12. special medicines
13. non-perfumed soap
14. shaver
15. small mirror
16. clothing and underwear for 2-3 days
17. Soft shoes and socks

Pre-Hajj Checklists (planning Hajj)

Planning and preparation

Guidance	Your answer
What type of Hajj/Umrah, and what Hajj dates are you going?	
Arrange vacation time from work/family agreement	
Check passports are valid for that period!	
Research available packages and operators	
Make bookings and payments	
Get vaccinations for meningitis, cholera, flu and any other regional vaccine types	
Doctors medical notes, vaccination certificates given	
Verify finances are in order, outstanding debts are paid as best as possible	
Visa applications, require a letter from the Islamic Society and application process with embassy. Will require Visa photos and visas for any additional countries, keep spare photos	
Set up travellers cheques and bankers drafts	

Choosing a Hajj package with an operator

Guidance	Your answer
Are you comfortable with the walking distances from mosque to the hotel they offer.	
Are there alot of stairs to climb to get to your room and is there an elevator.	
Are there hills or regions of territory that may be difficult to cross.	
How many persons and bathrooms are there per room.	
Is there is a kitchen facility with the room	
Is the hotel near a main street.	
Is there anyone who can speak in English.	

Is laundry and room service available.	
Is food and food option types available in the hotel, and for the actual Hajj, will the operator provide food.	
How is the operator/agent represented while on the Hajj - is there a point of contact.	
What accomodation is there in Mina, Arafat and Muzdalifah, the camps section of the Hajj.	
What facilities are provided e.g. toilets.	
Will the buses have airconditioning?	
How far are you from the Namira Mosque in Arafat?	
How far are you from Jabal-Rahman, the Mountain of Mercy, in Arafat?	
How far are you from the Jamrah in Mina?	
Will the group travelling together spend the night in Muzdalifah?	
On which day will the group return to Makkah to perform Tawaaf-ul-Ifadah? Is there transport for this?	
What is the actual Hajj package?: 6 days from 8th Dhul Hijjah to the 13th 5 days from 8th Dhul Hijjah to the 12th 5 days from 9th Dhul Hijjah to the 13th 4 days from 9th Dhul Hijjah to the 12th	

Basic Arabic for English-speaking travellers

Greetings

Greetings Hello marHaba

Good morning SabaaH al- khayr

Good day yawm saxiid

Good evening masaa' al- khayr

How are you? kayfa Haaluka? (m.) (kayfa Haaluki? (f.))

Fine. bikhayr.

Very well. jayyid jiddan.

So-so. la ba's.

What's your name? ma 'ismuk?

My name is... 'ismii...

It's nice to meet you. saxiidun bi liqaa'ika.

This is my friend. haadha Sadiiqi.

This is my husband. haadha zawji.

This is my wife. haadhihi zawjati.

Goodbye. maxa s- salaama.

See you soon. 'araaka qariiban.

Goodnight. tiSbaH xala khayr.

Where do you live? 'ayna taqTun?/'ayna taxiish?

I live in London. 'axiishu fi London.

Directions

Where? 'ayna?

Excuse me, where is...? xafwan, 'ayna...?

Where are the taxis? 'ayna sayyarat al-'ujra?

Where is the bus? 'ayna l- baas?

Where is the subway? 'ayna metro al-'anfaaq?

Where is the exit? 'ayna l- makhraj?

Is it near? hal huwa qariib?

Is it far? hal huwa baxiid?

Go straight ahead. 'idhhab 'ila l-'amaam.

Go that way. idhhab min hazihi l- jiha.

Go back. 'irjax.

Turn right. 'inxatif yamiinan.

Turn left. 'inxatif yasaaran.

Take me to this address, please. rajaa'an ila hadha al- xunwaan.

What is the fare? maa hiya l-'ughra?

Stop here, please. qif huna rajaa'an.

Does this bus go to Hamra street? hal yazhab haadha l- baas 'ila shaarix al- Hamra'?

A map of the city, please. khaariTa lil- madiina, rajaa'an.

A subway map, please. khaariTat al-metro, rajaa'an.

Basic Phrases

Thank you. shukran.

You're welcome. 'ahlan wa sahlān.

Please. rajaa'an.

Yes. 'ajal./naxam.

No. kalla./laa.

Excuse me. xafwan.

Pardon me. xafwan./xuzran.

I'm sorry. 'anaa 'aasif.

I don't understand. la 'afham.

I don't speak Arabic. anaa la 'atakallam al- xarabiyya.

Do you speak English? hal tatakallam 'ingilizi?

Repeat, please. 'axid, min faDlak.

How are you? kayfa Haaluka? (m.) (kayfa Haaluki? (f.))

Do you speak English? hal tatakallam 'ingilizi?

Where is the subway? 'ayna metro al-'anfāaq?

Where is a good restaurant? hal hunaaka maTxamun jayyidun?

How much does that cost? kam huwa th- thaman?

Is there a public phone here? hal hunaaka haatifun 'umuumiyyun huna?

Can I get on the internet? hal 'astaTiixa 'an 'astaxmil al-'internet?

Can you help me? hal tastaTiixa 'an tusaaxidani?

Shopping

How much does that cost? kam huwa th- thaman?

At what time does the store open? fii ayyi waqt yaftaHu l- maHall?

At what time does the store close? fii ayyi waqt yaghliqu l- maHall?

What would you like? maadha turiid?

Can I help you? hal lii 'an 'usaaxidak?

I would like this. 'uriidu haadha.

Here it is. haa huwa. (m.) (haa hiya. (f.))

Is that all? hal haadha kullu shay'in?

I'd like to pay with cash. 'uriidu 'an 'adfaxa naqdan.

I'd like to pay by credit card. 'uriidu 'an 'adfaxa bi biTaaqata l-'itimaan.

Women's clothes malaabis nisaa'iyya

Men's clothes malaabis rijaaliyya

Blouse, skirt, dress bluuza, tannuura, fustaan

Pants, shirts, ties banTaluun, qamiiS, ribaaT al-xunuq

Shoes and socks 'aHzia wa jawariib

Jeans jiinz

Bookstore maHall al-kutub

Bakery makhbaz

Market suuq

Supermarket suubermaarkit

Food

Where is a good restaurant? hal hunaaka maTxamun jayyidun?

The menu, please. qaa’imat Taxaam, rajaa’an.

appetizers mushahiyaat

main course al-Tabaq al-’asaasi

dessert al-Hilu

I would like something to drink. ’uridu mashruuban.

A glass of water, please. kubbaayat maa’, rajaa’an.

A cup of tea, please. kuub shaay, rajaa’an.

coffee with milk qahwatun maxa l- Haliib

Do you have a vegetarian dish? hal xindakum Tabaqun nabaatiyyun?

That's all. haadha kull shay’.

The cheque, please. al-faatuura, rajaa’an.

Is the tip included? hal al-baqshiish maHsuub?

breakfast al-fiTaar

lunch ghadaa’

dinner xashaa’

Enjoy the meal ’istamtix biTaxaamak (m.)/'istamtixii biTaxaamik (f.)

To your health fi SiHatak (m.)/fi SiHatik (f.)

It's delicious ’innahu ladhiidh (m.)/'innaha ladhiidha (f.)

plate SaHn

fork shawka

knife sikkiin

spoon milxaqa

napkin miHrama

cup kuub

glass ka's

ice cubes mukaxabaat thalj

salt/pepper/sugar milH / filfil ('aswad) / sukkar

soup Hisaa'

salad SalaTa

bread/butter khubz / zubda

rice 'aruzz

cheese jubna

vegetables khuDaar

chicken / beef dajaaj / baqar

juice xaSiir

ice cream buuza, aays kriim

Another, please. waaHidun 'aakhar, rajaa'an. (m.) (waaHidatun 'ukhra, rajaa'an. (f.))

More, please. al maziid, rajaa'an.

Please pass the... rajaa'an marrir li l- ...

spicy al-Haar

Numbers e.g. for money

0 Sifr

1 waaHid

2 'ithnaan

3 thalaatha

4 'arbaxa

5 khamsa

6 sitta

7 sabxa

8 thamaaniya

9 tisxa

10 xashara

11 'iHda xashar

12 'ithna xashar

13 thalaathata xashar

14 'arbaxata xashar

15 khamsata xashar

16 sittata xashar

17 sabxata xashar

18 thamaaniyata xashar

19 tisxata xashar

10 xashara

20 xishriin

100 mi'a

1000 'alf

Other Useful Information

Ministry of Hajj e.g. <http://www.hajjinformation.com>

Car Rentals e.g. Budget

Street Al-Salamah District

Phone: 0096626927070

http://www.jeddah.gov.sa/english/directories/transport/cars_rent.php

Main Airport in Jeddah (Makkah) - JED King Abdulaziz International

Lost luggage:

South Terminal:

Phone passenger Arrival +966-2-6842688

procedure:

Arrival of international +966-2-6841493

passenger Tel: +966-2-6841733

North Terminal:

Telephone from abroad +966-2-6854341

to other airlines: +966-2-6854314

Airport Phones:

Saudi Airlines: +966-2-6855526

+966-2-6855527

Foreign Airlines: +966-2-6854341

Other airports when calling taxis

Riyadh - RUH King Khalid International Airport

Medina (Madinah) - MED Prince Mohammad Bin Abdulaziz International

Dammam - DMM King Fahd International Airport

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